DOCUMENT RESUME

ED 410 007 PS 025 626

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TITLE	Why Is Everybody Always Picking on Me? A Special Curriculum for Young People To Help Them Cope with Bullying (for Ages 8-12) [and] Why Is Everybody Always Picking on Me: A Guide to Handling Bullies for Young People.
REPORT NO	ISBN-0-94241-22-5
PUB DATE	94
NOTE	190p.
AVAILABLE FROM	Atrium Society Publications, P.O. Box 816, Middlebury, VT 05753; phone: 800-848-6021 (Curriculum Guide, $49.95 plus shipping and handling; Young People's Guide: paperback: ISBN-0-94241-22-5, $14.95; hardcover: ISBN-0-94241-23-3).
PUB TYPE	Guides - Classroom - Learner (051) -- Guides - Classroom - Teacher (052)
EDRS PRICE	Document Not Available from EDRS.
DESCRIPTORS	*Aggression; Change Strategies; *Conflict Resolution; Curriculum Guides; Elementary Education; *Elementary School Students; Interpersonal Competence; Lesson Plans; Peace; *Peer Relationship; Role Models; Role Playing; Teaching Guides; Textbooks
IDENTIFIERS	*Bullying; Nonviolence; Victimization

ABSTRACT

These curriculum materials include a leader or teacher's guide for helping 8- through 12-year-old children cope with bullying, a text for students, and a poster illustrating ways for children to react to bullies. The teacher's guide presents 16 lessons for teachers to use in the classroom. Four of the lessons are role plays through which direct experience can enhance students' understanding of bullying. The other 12 lessons are: (1) What Is a Bully?; (2) How Does Bullying Affect Us?; (3) Why Do Bullies and Victims Exist?; (4) Earthlings: Creatures Who Fight To Survive; (5) How Can We Stop Bullying?; (6) How Victims Can Become Winners; (7) How bullies can become winners; (8) Awareness is everything; (9) How Bullying Affects World Peace; (10) Understanding Aggression; (11) Seeing Yourself As Peacemaker; and (12) The Power of a Questioning Mind. The lessons typically include questions to ask students, stories to read to students, and activities for students to do. The student text consists of 10 chapters. The first eight of these chapters are related to lessons from the teacher's guide. These chapters typically include stories, questions, instructions, suggestions, and role plays. Chapter 9 provides further activities for understanding bullying, and chapter 10 proposes a list of questions to stimulate further thought on the topic of bullying. (BC)

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